



Road Cycling

Situated high in the Australian Alps, Falls Creek has become a hot spot for cyclists from around the world who seek to train and stay at altitude. Now with the newly sealed Bogong Alpine Way, Falls Creek will become Australia's #1 road cycling destination.

Bogong Alpine Way - NEW

76km

MED IUM

This new ride takes you through the Alpine National Park across the Bogong High Plains to Omeo via the quaint villages of Shannonvale, Anglers Rest and Bingo Munjie. Why not ride to the Blue Duck Inn at Anglers Rest for lunch?

Alpine Loop - NEW

230km

MED IUM

HARD

Starting at Falls Creek the 230km loop circumnavigates Victoria's breathtaking alpine region through Omeo, Mt Hotham, then back to Falls Creek via Mt Beauty.

Other great rides include Falls Creek to Mt Beauty and the Murray to Mountains Rail Trail. If you're looking for a gentler option, try the Mountain Creek Road Circuit which weaves along the valley floor taking in wineries, peaceful riverside locations and finishing in one of the many cafes or eateries in Mt Beauty or Tawonga South.

Mountain Biking

Surrounded by awesome mountain scenery, Falls Creek delivers some of Australia's most inspirational bike riding country. Whether you enjoy cruising with the family, challenging hill climbs or blazing downhill - there's a track to suit all levels of skill and fitness.

Lift-accessed Mountain Biking

EASY

MED IUM

HARD

Access 3 exciting trails off the Summit chairlift, one for beginners, one for intermediate riders, and a 'gnarly' challenge for the more experienced riders. Chairlift operates 11am to 3pm, December 27 until January 3, plus selected weekends. Bike rental is available. Pricing is as follows:

All Day Biking Chair Pass:	\$20	All Day Bike Hire:	\$45
2hr Bike Hire & Chair Pass:	\$40	Child Chair Pass (6-14 years):	\$12
All Day Bike Hire & Chair Pass:	\$60		

Road 24 Trail & Junction Spur Fire Track

30+km

MED IUM

HARD

For the experienced rider other trails such as Road 24 or the Junction Spur Fire Track offer more varied and remote terrain, or why not head down to Mt Beauty and give the Big Hill Mountain Bike Park a try. This venue regularly hosts downhill and cross country races including the National Mountain Bike Championships.

The Aqueduct Trails

30+km

EASY

The relatively flat and wide grassy roads built to maintain the aqueducts, part of the Kiewa Hydroelectric scheme, make fantastic riding trails. For beginners ride to Rocky Valley Lake from Falls Creek. For a longer ride try the circuit from Langfords Gap, taking in historic Wallaces and Cope Huts before returning along the Bogong Alpine Way.

Riding in the Alpine National Park

Within the Alpine National Park there are many management vehicle tracks which can be accessed for mountain bike riding. Please note that designated walking tracks cannot be used for riding. For more information about riding in the Alpine National Park contact Parks Victoria on 13 19 63.

For further information, contact Falls Creek Information Centre on 1800 2 FALLS or visit www.fallscreek.com.au to download maps.

Alpine Safety

Weather conditions can change rapidly in alpine areas at any time of year, and bushfires, storms and snowfalls can be experienced in summer. Always check fire danger forecasts and observe all fire restrictions.

All visitors, and especially walkers, need to be prepared with; warm clothing, gloves and hat, sunscreen, wind and waterproof jackets, strong footwear, energy food and water, a good map and a first aid kit.

Please keep to designated tracks and let someone know where you are going and when you plan to return. Take care of the environment; all native plants, animals and historical sites are protected.



fallscreek

1800 2 FALLS
www.fallscreek.com.au

This guide is not a substitute for a topographical map and compass. These items are recommended when venturing beyond the village.



Scenic Chairlift Rides

The Summit Chairlift operates for scenic tours from 11am to 3pm every day, December 27 until January 3, plus selected weekends. Tickets are available in the Village Bowl.

Adults: \$11 per return trip or \$15 all day (unlimited trips).
Child (6-14): \$7 per return trip or \$10 all day (unlimited trips).
5 & under is FREE. See left for Mountain Bike lift access pricing.

For more details, please contact Falls Creek Information Centre on 1800 2 FALLS.

Events Calendar

Alpine Ascent Challenge

Nov-Mar

A challenge to ride at least 4 of the 7 Victorian mountains. Pick up your free passport from Resort Management and get it stamped as you complete the rides for your chance to win some great prizes.

Alpine Assault

Dec 5

The Alpine Assault is the latest 100km marathon mountain bike event for Falls Creek. Set against the back drop of the spectacular High Country.

Carols by Candlelight

Dec 24

Join us in the Village Green (beside Nelse Lodge) on Christmas Eve for a fun filled evening of carols, costumes and holiday cheer.

Mile-High Cricket Match

Dec 26

Forget the Boxing Day Test, bring the whole team for a fun match for all ages, BBQ lunch and more!

Summer Kids Club

Dec 27-Jan 30

A packed program of activities in and around Falls Creek.

Summit Chairlift Begins Summer Operation!

Dec 27

New Year's Eve - Party in the Stars!

Dec 31

Ring in the New Year in style at one of several parties on offer at bars or restaurants around the mountain...

'Big Fella' Festival

Jan 2

For thousands of years Indigenous Australians have come to the high plains, in the shadows of 'Big Fella' (Mt Bogong). Join us in celebration with indigenous musicians, dancers, traditional games and bush tucker.

Falls Creek Billy Cart Derby

Jan 9

Dust off the old billy cart in the shed and bring it up to Falls as we turn the Village roads into the ultimate test of your driving skills. Fun for all ages.

Taste of Falls Creek Festival

Jan 16-17

Celebrates local food, wine, music and the Victorian High Country with its spectacular scenery and cooler summer climate, producing some of the best gourmet food and wine in the country.

Mile-High Dragon Boat Championships

Jan 23-24

Teams of 20 paddle it out on the Rocky Valley lake for the prestigious crown of Victorian Mile High Champions! So get your team together and start practicing...

Audax Alpine Classic

Jan 24

The Audax Alpine Classic sees more than 2,000 road cyclists travel through some of Victoria's most spectacular countryside in the north west Alpine region of the state, including the challenging ride up the Bogong Alpine Way into Falls Creek.

Mile-High Tennis Tournament

Feb 13

The highest tennis tournament in the country where locals and guests battle it out for bragging rights.

Falls Creek Artist Camp / Master Classes

Mar 5-7

Some of Australia's most talented artists get inspired by the spectacular surroundings.

Terra Australis Mountain Bike Epic

Mar 21-27

A 7 day / 550km epic. Riders team up in pairs and race over 7 days across the North East and the Victorian Alps, starting at Falls Creek.

3 Peaks Challenge

Mar 7

The 3 Peaks Challenge is Bicycle Victoria's new one-day ultimate road cycling challenge. The 230km course takes you through Australia's most spectacular Alpine Region starting at Falls Creek, circumnavigating through Omeo, Mt Hotham, then back to Falls Creek via Mt Beauty.

Easter Family Carnival

Apr 2-5

Falls Creek comes alive over Easter with heaps of activities happening throughout the weekend.

ANZAC Day Dawn Service

Apr 25

Remember those who served our country and join us at Eagle Rock, under the Eagle Chair on the Pretty Valley Road.



Fishing

The clear mountain waters of the high country offer some spectacular trout fishing opportunities. Rocky Valley and Pretty Valley Lakes contain both Brown and Rainbow trout and provide excellent fishing for shore and boat-based anglers. The lakes hold trout in excess of 4kg and have played host to state and national fly-fishing championships.

Local guides offer half, whole and multi-day fishing tours of the region catering for the beginner to expert. Rental tackle is available. For bookings contact Falls Creek Information Centre on 1800 2 FALLS or visit www.fallscreek.com.au.

Please note: Fishing licenses are required in all rivers, lakes and streams and can be purchased from Falls Creek Licensed Supermarket.

Guided Activities

Sunset Tours to Mt McKay

Watch the sunset from Mt McKay. At 1,842m the highest drivable peak in Victoria will provide spectacular views of the Kiewa Valley, Pretty Valley, Mt Hotham, Mt Feathertop and Rocky Valley Lake. Tour costs \$25 per adult and includes return transport from Falls Creek to Mt McKay with sparkling wine and canapés.

High Country Huts Tour

Join an experienced guide for a 2hr walking tour of spectacular Wallaces and Cope Huts. Experience the magic of the High Plains on this easy trek and discover intriguing cultural heritage and natural beauty.

For tour schedules and bookings, contact Falls Creek Information Centre on 1800 2 FALLS or visit www.fallscreek.com.au.

Other Summer Activities

Horseback Riding

There are many opportunities to explore and enjoy the surrounding mountains and valleys on horseback. Horse riding has a long association with the area - in the 1840's European explorers and miners used horses in their search for gold and summer pastures.

Local operators offer half, whole and multi-day horse riding adventures in the High Country. For bookings contact Falls Creek Information Centre on 1800 2 FALLS or visit www.fallscreek.com.au.

Boating & Canoeing

Adjacent to Falls Creek are Rocky Valley and Pretty Valley Lakes. Power-boats, sailing craft, canoes and dinghies can be used on Rocky Valley Lake however boating is not permitted on Pretty Valley Lake. There are two boat ramps either side of the Rocky Valley dam wall, which can be used to access the lake.

For further information contact Parks Victoria on 13 19 63.

Mile-High Open-air Cinema

Join us on selected nights throughout summer for an open-air cinema experience to remember. Bring the family and a comfy chair or blanket and enjoy a FREE movie on our giant inflatable screen.

For scheduled times and locations contact Falls Creek Information Centre on 1800 2 FALLS or visit www.fallscreek.com.au.



Endless Accommodation Options...

Stay for a night or two and really relax. Choices range from a stylish bed & breakfast or apartment to self-catered accommodation - all with stunning views of the high country. You'll also find great cafes and restaurants throughout the resort, plus a post office, newsagency and supermarket.

Check out these great summer accommodation deals*...

>> **2 nts lodge accommodation, continental breakfast and 3 hr guided fishing tour from \$320.**

>> **3 nts lodge accommodation with pool & spa, cooked breakfast and 1/2 day horse ride from \$425.**

>> **4 nts two-bedroom apartment, 1 day scenic chairlift ride for each family member and 1 bungy trampoline session/child from \$534.**

>> **2 nts one-bedroom luxury apartment with private spa, \$100 to spend at ALTA restaurant, 2 x 55 minute massages and 2 full cooked breakfasts from \$690.**

CALL 1800 2 FALLS to speak to a Reservation Centre and book your Falls Creek summer getaway today!

Need more information?

Visit our website at www.fallscreek.com.au for the latest updates on events, activities and special offers from Falls Creek. The site is packed full of information on accommodation options, activities, events and much more, for both summer and winter at Falls Creek.

E60E. Event and activity schedule subject to change. *For full terms & conditions visit www.fallscreek.com.au.



Other Summer Activities...

Australian Alps Nordic Walking

For a total mind and body experience, discover Nordic Walking at Falls Creek. Suitable for all ages and fitness levels, Nordic Walking uses specifically designed poles and techniques to achieve a total body workout, and with the added benefit of enjoying the spectacular and unique views of the surrounding Australian Alps.

Numbers are limited so to find out class times and more please call Narelle on 0419 287 321.

Sport Court/Golf Nets/Skate Ramp/Gymnasium

Visit the Village Bowl and enjoy a 1/2 court basketball court, skate ramp plus two golf driving nets! Also, a community gym can be found near the bottom of Falls Express Chairlift. A bank of rowing & cross country machines, stationary bikes, treadmills and a selection of weight training equipment is available.

Daily or weekly gym memberships are available from Resort Management (corner of Bogong Alpine Way and Slalom St).

Bungy Trampoline

Soar with the altitude on our bungy tramp, located in the Village Bowl. A mix of trampolining and bungy jumping this is a favorite for all ages.

For bookings, contact Falls Creek Ski Lifts on (03) 5758 1000 between Dec 27 - Jan 3.

Tennis

Enjoy a hit of tennis on the two modern grass courts which are located in the Village Bowl. Court hire is \$10 per hr, per court; racquets and balls are available for hire with a deposit. Available Dec 27 - Jan 3.

For bookings, contact Falls Creek Ski Lifts on (03) 5758 1000 between Dec 27 - Jan 3.

Mind, Body and Spirit

Join a Pilates class this summer and experience the benefits. Or, visit Mii Spa and indulge yourself.

For Pilates bookings, contact Falls Creek Information Centre on 1800 2 FALLS. For Mii Spa, contact 1800 630 882.



Summer Kids Club

A packed program of activities in and around Falls Creek. There's face painting, cookie decorating, fishing lessons, tree planting, adventure games, and much more. The program runs daily from December 27, 2009 throughout January and Easter. Or, walk on the wild side - join a Parks Victoria Junior Ranger program - great fun for the kids.

For program schedule and bookings, contact Falls Creek Information Centre on 1800 2 FALLS or visit www.fallscreek.com.au.



2009/2010 Activity & Event Guide

Resort Maps



Wishing Well (via the Aqueduct Trail)

6.2 km return

Walk up Wombat's Ramble ski trail until you reach the aqueduct, a flat grassy trail. Follow the trail to the right as it winds its way above the village, skirting the Village Bowl area before narrowing to a single track as you get closer to the Wishing Well, a small pool at the end of the aqueduct. The trail extends to a view point overlooking Mt Spion Kopje on your right and takes you through post-fire regenerating woodland.

Walking on Water Trail

4.8 km return

Start from Wombat's Ramble and head out along the Aqueduct Trail until you reach the Nordic (cross country) ski trails. The first trail is called Aitken's Trail. Follow this up until you reach the Pipeline Trail. Turn left and follow the trail over the McKay/Pretty Valley Road, following the markers to the Rocky Valley Lake foreshore. There are great views over Rocky Valley Lake along this section. Continue along the foreshore following the markers over the grassy knoll and across Bogong Alpine Way rejoining the Aqueduct at the Nordic Bowl. Turn left and return to the village.

Home and Away Trail

6.0 km return

Begin your walk at Ory's Trail, following it up until you reach the large brown tank containing Falls Creek's water supply. Continue uphill along the vehicle track until it crosses onto the old Summit home trail. From there the trail becomes steep and rocky as it winds 1km uphill to the top of the Summit chair. The markers will lead you past the small ski patrol hut to the end of the first snow fence and then down a gently undulating trail to a T intersection. An optional side trip to the Frying Pan Spur can be taken at this point (see below) or veer right across a rocky plateau and then downhill to the aqueduct and falls known as the Wishing Well. Turn right onto the Aqueduct Trail and follow it back to the village and your preferred exit point.

* When chairlift is operating you can start from this point.

Frying Pan Spur Side Trip

0.7 km return

Follow the walk description for the Home and Away Trail, continuing past the top of the Summit Chair until you reach the T intersection described. From this point continue straight ahead for the 650m trip to the end of Frying Pan Spur, identified by a rocky outcrop and Trig Point. Enjoy panoramic views of the Kiewa Valley and surrounding mountains.

Mountain & Castle Adventure Trail

7.0 km return

Begin your walk at Ory's Trail, following it up until you reach the large brown tank containing Falls Creek's water supply. Continue uphill along the vehicle track until it crosses onto the old Summit home trail where the trail forks. Veer left following the trail markers until you reach Pretty Valley Road, then walk right following the road until you reach Ruined Castle, a columnar outcrop of basalt rock. The trail winds uphill to a vehicle track and then across Pretty Valley Road before reaching the base of Mt McKay (1,872m). Follow the road up and you'll be rewarded with spectacular views across to Mt Hotham, Mt Feathertop and Mt Bogong.

Walking Trails - Alpine National Park

Ropers Lookout

5.0 km return

Drive to the starting point at the eastern end of the Rocky Valley dam wall. Follow the grassy trail beside the aqueduct for 1.5km before climbing a small gully among the snowgums up to the lookout situated on a small basalt knoll. Or, from Falls Creek village, follow the aqueduct trail to Rocky Valley Lake and cross the dam wall to the Roper Lookout starting point (10km return trip).

Wallaces Hut

1.5 km return

Travel 7.7km along the Bogong Alpine Way past the Rocky Valley dam wall. A signpost marks the starting point where you can park your car. Follow the well-graded track to Wallaces Hut. Built in 1889 the hut nestled among beautiful old snowgums has survived the extremes of snow and fire and is the oldest cattleman's hut on the high plains.

Cope Hut

0.5 km return

Travel 2km along the Bogong Alpine Way beyond the Wallaces Hut turnoff. Follow the track to the historic ski hut built in 1929 by the Ski Club of Victoria to cater for the growing popularity of skiing and bushwalking.

Wallaces Hut - Cope Hut

6.0 km return

Walk to Wallaces hut, then continue past the aqueduct turning right onto the Australian Alpine Walking Track. Turn right again at the T junction and follow the track to Cope Hut and the Bogong Alpine Way. Return to the start along the road or via the walking track to Wallaces Hut.

Mt Cope

3.5 km return

Drive approximately 11km from the east side of the dam wall to the Mt Cope sign post. The track starts on the right hand side of the road and takes you across grassy snowplains and up through snowgums and small boulders to the rocky summit. Enjoy mountain views, grassy snowplains & wildflowers on your journey.

Tawonga Huts

8.0 km return

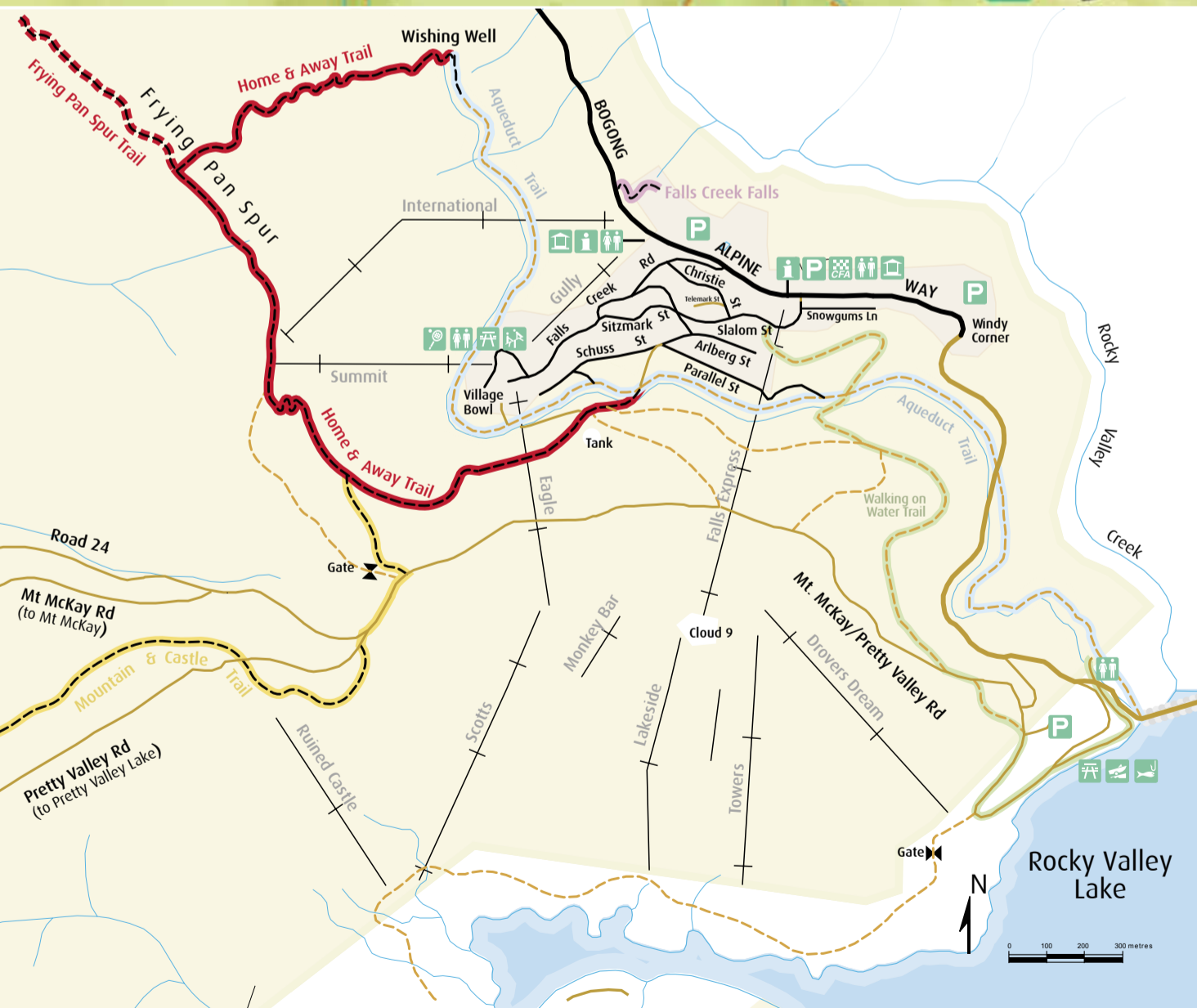
For a more challenging walk, drive to Pretty Valley Lake via the Mt McKay Rd. Walk over the causeway and follow the Fainter Fire Track west as it climbs a spur before dropping down towards Tawonga Huts. About 1km from the hut a short diversion takes you to a saddle with magnificent views of Mt Feathertop and Mt Hotham.

Heathy Spur Circuit

10 km return

Drive 500m beyond the eastern end of the Rocky Valley dam wall to the sign marked "Heathy Spur - Mt Nelse". The track climbs through alpine herbfields and snowgums to Heathy Spur before meeting the Australian Alps Walking Track (AAWT) and snow pole line after 4.5km. Turn right along the AAWT and down the Big River Fire Track back to Bogong Alpine Way. Turn right along the road for 2km back to your starting point.

For further information on walking within Alpine National Park contact Parks Victoria on 13 19 63.



Walking Trails - Falls Creek Resort

Walking the trails within the Resort and the Alpine National Park, is one of the best ways to experience the panoramic views, wildflowers, wide open spaces and cool temperatures of the high country.

The Aqueduct

4.8 km return

The Aqueduct Trail is a flat, grassy, easily recognised trail passing just above the village. It can be accessed from several locations and three key access points are used in our trail descriptions.

Village Bowl: Starting near the tennis courts, a short access track travels about 50m up to the Aqueduct Trail.

Ory's Trail: This access point is located opposite Milch Café in Schuss St.

Wombats Ramble: From the bottom of Falls Express chairlift walk up Slalom St. As you pass under the chairlift there is a wide ski run on your left. Walk up this trail to the Aqueduct.

The Aqueduct Trail is part of a 32km road system developed to maintain the aqueducts which are part of the Kiewa Hydro-electric system. They make fantastic walking and riding trails.

Falls Creek Falls

0.3 km return

The trail begins on the Bogong Alpine Way just before you reach the Falls Creek entrance. Park in the bottom (Gully) carpark and walk from there. The trail is 150m down the road on your right. Steep steps lead from the road across a bridge to Falls Creek Falls.

This area was completely scorched by fires in 2003, however the speed of regeneration has been amazing. With the help of the Falls Creek community snowgums, ferns, grasses and other plant communities have sprung back to life. The regained beauty and lushness along with the picturesque falls make this short, shady walk a worthwhile venture.

Rocky Valley Lake (via the Aqueduct Trail)

4.8 km return

Follow the Aqueduct Trail east from the Village as it curves its way into grassy woodland and crosses Bogong Alpine Way, before continuing on to Rocky Valley Lake. Return along the same trail or follow the Walking on Water Trail back to the village.

- Boat Ramp
- CFA
- Fishing
- Information
- Parking
- Shelter
- Picnic Area
- Playground
- Toilets
- Tennis
- Camping
- Drinking Water
- Fireplace
- Horse Yard
- Lookout
- Sealed Road
- Unsealed Road
- Walking Track
- Shared Walking/Cycling Track
- Alpine Resort Boundary
- Chairlift

Trails within Falls Creek Alpine Resort are marked with this symbol. Each walk has been colour coded on the map above. This colour also corresponds to the colour of the flag on the trail marker.